

Blogs Comment from <https://www.cpap.com/blog/different-types-cpap-masks/>

- Oswaldo Matta Santacruz [6 months ago Reply](#)

I need Oxígeno almost all day, the new mask eliminated and recommend an little device to connect under them. I can't an Adecuade Oxígeno saturation with this method. What's I will do?



- Linda Randall [6 months ago Reply](#)

Would like to use nasal pillow type but found it difficult to exhale against pressure. Using nasal mask past 10 yrs. I put up with it becuz of benefits of sleeping. Any suggestions?



-

[David Repasky 6 months ago Reply](#)

You've got to go with a mask that makes the most sense for you, in terms of how you sleep. A nasal mask isn't necessarily any better or worse than a nasal pillow or full face. It's simply designed to fit a different set of needs. So if the nasal mask is giving you solid benefits, then you should probably stick with it.



-

[Sharon Nader 6 months ago Reply](#)

We hate humidifiers and anything that touches the brows. We also don't like nasal pillows. We have been using cpap for 20 years. Have tried it all. While we do have sinus infections, the cause is not the cpap but the changing of environment constantly. We are truckdrivers. Best thing we ever did was get away from nasal pillows and buy a soclean machine.



-

[Jeanne 6 months ago Reply](#)

I use the airfit p10. Almost perfect. If the designers are listening please improve it by making the hose connection below the nasal pillows rotate.



•

[David Repasky 6 months ago Reply](#)

That would be a nice feature! Good idea!



•

[evelyn girardin 6 months ago Reply](#)

I sleep with a face mask and have tried other masks. no matter what mask I use they make bag under my eyes. WHY? what can I do about that?



•

[Albert Skrabski 1 month ago Reply](#)

Why is it not recommended to use a full face mask if you have a hiatal hernia? I found this contraindication in the user manual for a full face mask I received.



•

[Customer Service Expert Carol 1 month ago Reply](#)

Hi Albert, unfortunately I am not certain. My suggestion would be for you to speak with your doctor, or even the manufacturer of the mask that has the contraindication in their user manual for clarification as to why it is best not to use the mask.

I am very sorry that I do not have the answer to your question, but even after researching your question, I was not able to locate an absolute response.

I wish you the best!



• Jimmy [3 weeks ago Reply](#)

Wondering which mask would work best for someone who has no upper teeth.



• [Customer Service Expert Carol 3 weeks ago Reply](#)

Hi Jimmy, as with any mask selection, everyone's face structure is different. Not having upper teeth is usually not the deciding factor on the mask that would fit you best. Are you experiencing any type of issues with your current mask? Which mask are you currently using? As long as it isn't a mask with a mouth piece, for example, the Tap Pap, you should be able to wear whichever mask you choose.

If you would like assistance with selecting a mask, please feel free to reach us at: 1-800-356-5221.

Enjoy your day

Comments from <https://www.cpap.com/blog/choose-cpap-mask-sleep-position/>

8 Comments



1.

Donna [2 years ago Reply](#)

This is something that I haven't considered. I am a stomach sleeper. Maybe there is a mask more comfortable than the one I use now. Thanks for the info.

2.



Cindy Beam [6 months ago Reply](#)

Thank you! I am a side sleeper and always looking for tips on being more comfortable.

3.



Cliff [6 months ago Reply](#)

I need a mask that has an extension on it to keep the jaw from opening causing me to breath through my mout and snoring.

4.



Angela S [6 months ago Reply](#)

I'm a side sleeper. I use the nasal pillows, which work well but my mask won't stay on my head. My hair is very fine and silky so the straps slider off my head while I'm sleeping.

5.



Helen Baker [5 months ago Reply](#)

Nasal pillows worked fine, but dilated my nostrils, even throughout the day, resulting in a “Miss Piggy” appearance. Switched to the Wisp mask which works well, even sleeping on my side, and doesn’t make me look like a pig.



o

[Customer Service Expert Carol 5 months ago Reply](#)

Hi Helen, I know that finding a mask that you are comfortable with can be challenging. It sounds like you have it all figured out now though. We are glad you found the mask that works best for you.

We wish you the best!



o

Lois [4 months ago Reply](#)

What is a wisp mask. I too suffer from the miss piggy syndrome. The full face mask leaves my face deeply lined and doesn’t fully recover in the daytime.



▪

[Customer Service Expert Carol 4 months ago Reply](#)

Hi Lois,

The wisp is a Nasal Mask. Please see the link below to gain further knowledge of the Wisp. If you happen to give the Wisp a try, but your

mouth falls open during the night please consider using a Chinstrap, otherwise the Nasal Mask will not work for you and you will need to wear a full face mask.

For the deep lines that you are being left with from your full face mask, you may try some mask liners to see if they provide any relief for you. I have linked a couple of the mask liner options below also.

<https://www.cpap.com/productpage/wisp-nasal-cpap-mask-fit-pack-pr>

<https://www.cpap.com/productpage/silent-night-full-face-cpap-mask-liners>

<https://www.cpap.com/productpage/remzzzs-full-face-cpap-mask-liners>

Have a wonderful day!

Comments from <https://www.cpap.com/blog/comparing-best-cpap-masks/>

18 Comments

1.



Dave [1 year ago Reply](#)

As someone who suffers from dry eyes, it would be nice to see a discussion on exhaust air

2.



Bruce Knight [1 year ago Reply](#)

The absolute best CPAP mask you guys sell is the Tap Pap. I've been a CPAP user for 30 years and it's far and away the best mask I have ever used and I've tried a lot. Why not give us a writ up and comparison to the ones on this list?



o

MICHAEL LIN [10 months ago Reply](#)

Hi Bruce,

Thank you for sharing. We are very happy to hear about your positive experience with the [TAP PAP Mask](#). Perhaps we will!

Michael



o

Kelly veneziano [4 months ago Reply](#)

bruce , is this difficult to get used to, do you have issues will leakage? i read reviews that it leaks a lot... was the mouthguard hard to use? is it hard to adjust each night?



3.

becky [1 year ago Reply](#)

A couple of comments. 1) I can barely see the very light gray font color of this comment. And that is AFTER cataract surgery. 2/ The photos on the website show clear masks on a white mannequin. I can hardly see that, either. No clue what the masks look like or how they fit. So, CPAP.com is a useless site for me.



o

MICHAEL LIN [10 months ago Reply](#)

Hi Becky,

Thank you for the helpful feedback. We do our best to make our services accessible to everyone, so we are very sorry about this negative experience. Your comments have been noted by our product photographers and designers for a solution.

Michael



o

RoMo [7 months ago Reply](#)

I totally agree with Becky. Will check back in a couple of months to see if any improvements have been made.



4.

Laura [7 months ago Reply](#)

I agree with Dave, who wrote in January of 2018. I would love if the air would not blow at all toward my eyes!



o

[David Repasky 7 months ago Reply](#)

Hi Laura,

You may want to try adjusting the position of the mask on your face slightly. Little shifts can make a big difference when it comes to blowing air.



5.

Tom [7 months ago Reply](#)

My CPAP machine is a ResMed S9. What function do the settings pillows, nasal, and full mask change the way the machine provides air pressure? What do the different settings actually do?



Kassie [7 months ago Reply](#)

I switched to Sleepweaver masks a few years ago. I tried going back to another mask one night, (actually less than an hour before I couldn't take it anymore).. I was miserable. I'll never make that mistake again. No Sleepweaver mask, no CPAP therapy for me.



Michael [7 months ago Reply](#)

Would be useful to comment on how the various masks work with beards.



Anna [5 months ago Reply](#)

What's the best full face mask?



[Customer Service Expert Carol 5 months ago Reply](#)

Hi Anna, while masks are very personable since all face structures are different. I have linked to you a few of the most popular masks also, we would be happy to assist you in selecting a mask that may best fit you, but this will require us to ask you a few questions. You can reach us at: 1-800-356-5221, please see the link below for a few mask options.

<https://www.cpap.com/cpap-compare-chart-share/2e1r>

I hope this helps and we wish you the best!



9.

kelly Veneziano [4 months ago Reply](#)

i was wondering how difficult it is to adjust the TAP PAP each night.. ive read reviews on problems with leaking.... the mask shifting bc there are no straps.... does it cause teeth pain from having the mouth guard?



o

[Customer Service Expert Carol 4 months ago Reply](#)

Hi Kelly, each person is different, but if you would like to try one of the TapPaps for yourself, we offer free returns within 30 days if you do not like the mask for any reason you can receive a refund, or select a different mask.

You may also find interest in a different mask which is very popular with our customers. Please see the link below for information on this mask.

<https://www.cpap.com/productpage/puritan-bennett-breeze-cpap-mask-bundle>

I hope this information helps. For further assistance we can be reached at: 1-800-356-5221.

Have a great weekend!



10.

Thomas L Mikich [1 month ago Reply](#)

have a full mask still wake up with a very dry mouth



o

[Customer Service Expert Carol 1 month ago Reply](#)

Hi Thomas, I am sorry to hear that you are having some problems with dry mouth. Please make sure that you do not have any mask leaks. Be certain that you are changing out your full face mask cushion every 3 months for most masks.

Also, if you are using a heated humidifier, I would recommend that you increase the humidity a little to see if this provides some relief. If you are not currently using a humidifier, you may want to get one and this may provide some relief to the problem that you are having with dry mouth.

For further questions, or concerns please feel free to reach us at: 1-800-356-5221, or email us at: cpap@cpap.com.

I hope this helps, have a great day!